



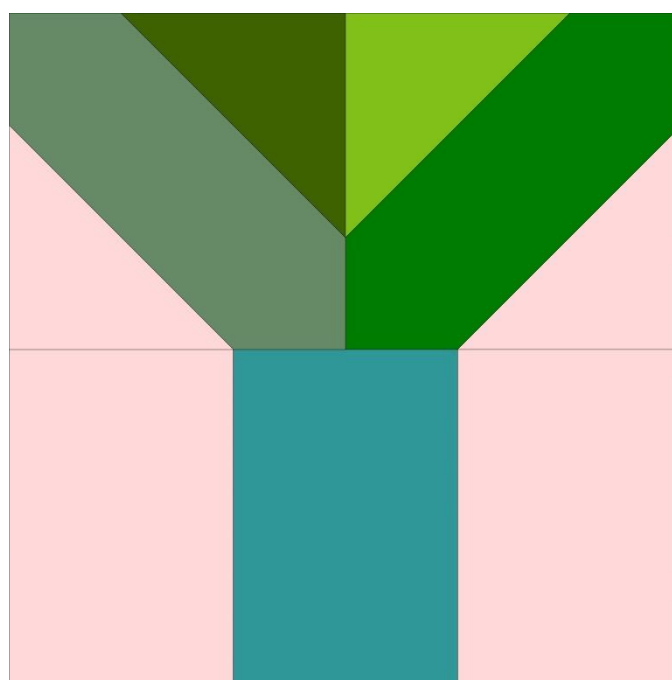
South African Quilters' Guild

Promoting Quilting in South Africa

National Quilting Day

Quilt South Africa 2023

Flower Block



In celebration of National Quilting Day, the SAQG has commissioned a unique quilt block for you to make and share with your guilds, groups, and quilting friends around the world! Organize a fun sew day and stitch the blocks together for yourself, or for a charity quilt.

The block, inspired by the South African flag, is very versatile - it can be made into a stylized flower block or geometric design. Both traditional and modern quilters can express their style.

Depending on colour placement and block rotation you can create a truly individual quilt. Adding sashing alters the look of the quilt yet again. Make it scrappy or with a curated colour palette, the combinations are endless.

BLOCK SIZE: 12" x 12" finished (12½" x 12½" unfinished)

QUILTS SIZES:

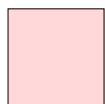
9 blocks, no sashing: 36" x 36"

9 block with 2" (cut 2½") sashing and 2" (cut 2½") border: 44" x 44"

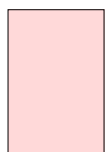
16 blocks, no sashing: 48" x 48"

16 blocks with 2" (cut 2½") sashing and 2" (cut 2½") border: 58" x 58"

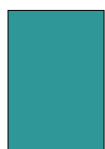
FABRIC REQUIREMENTS FOR (1) BLOCK

Background Fabric:

(2) 4½" x 4½" squares (for stitch and flip method)



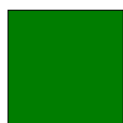
(2) 6½" x 4½" rectangles

Flower Fabric:

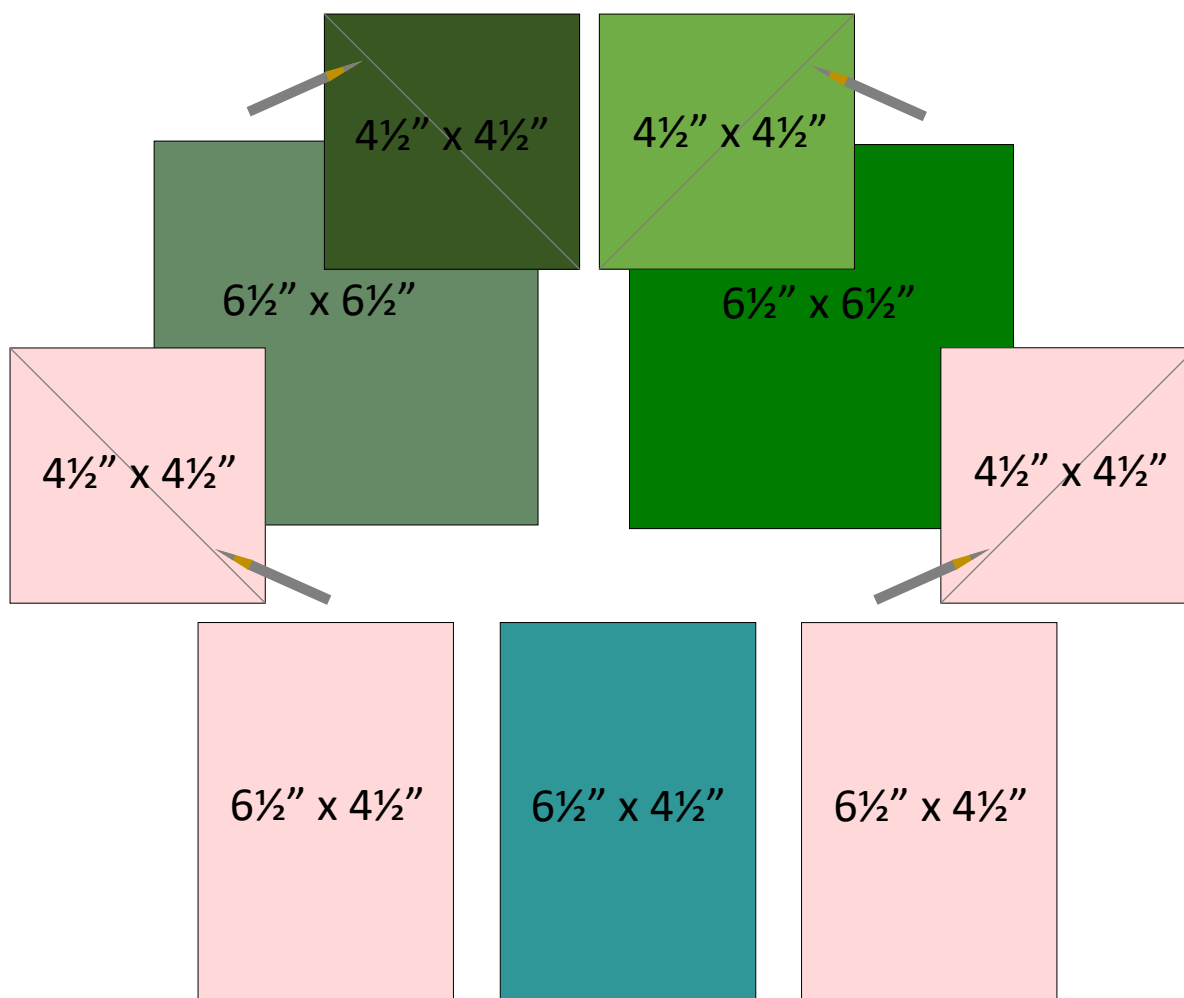
(1) 6½" x 4½" rectangle



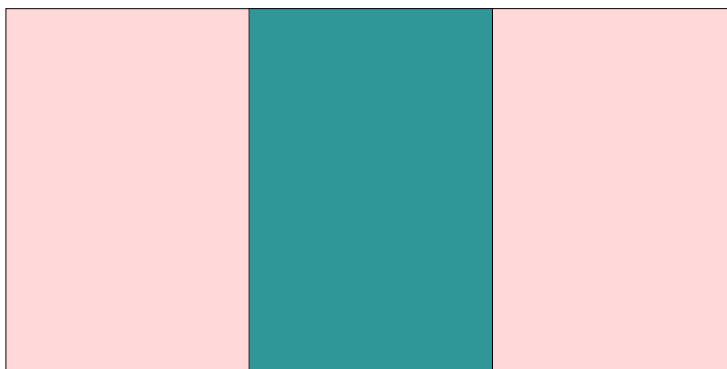
(2) 4½" x 4½" squares (for stitch and flip method)



(2) 6½" x 6½" squares



1. SEW THE BOTTOM SECTION

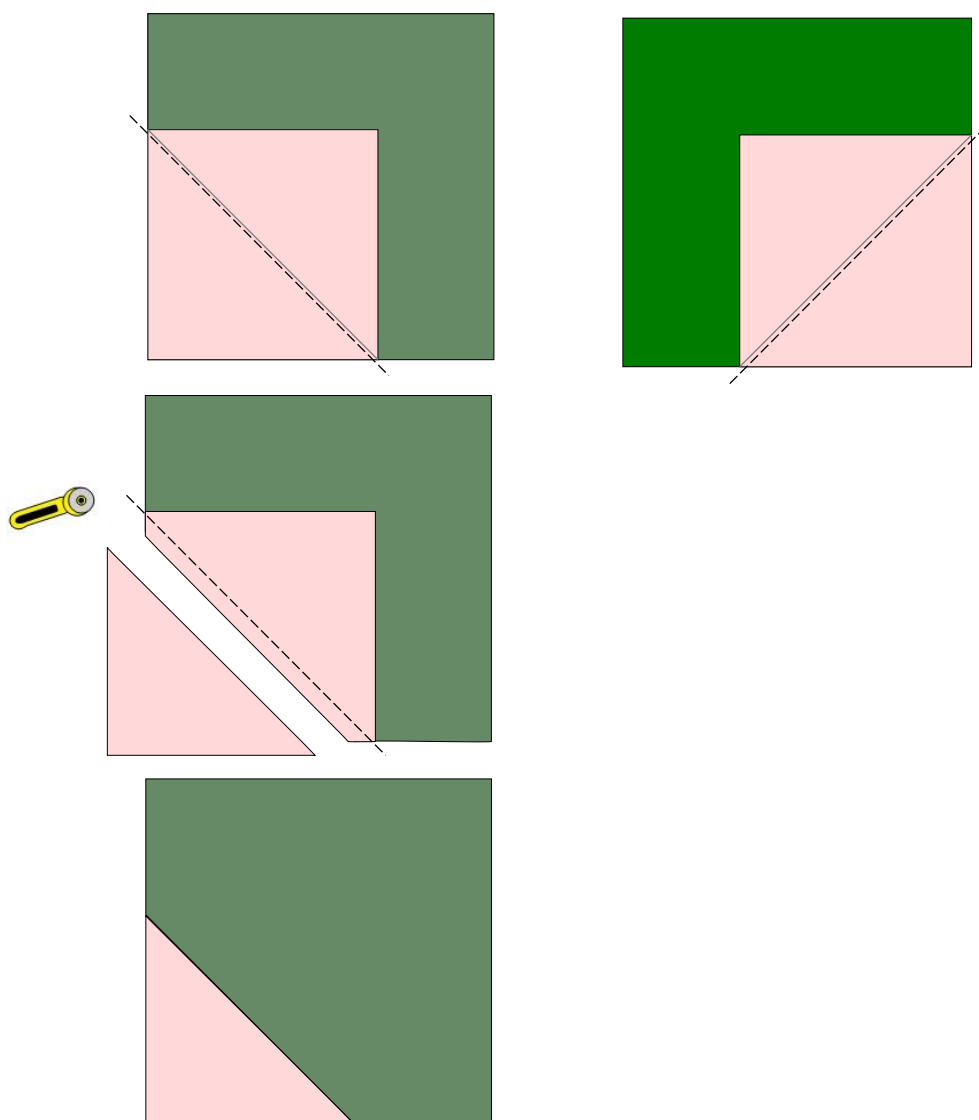


2. SEW THE STITCH AND FLIP SECTIONS

Mark a diagonal line on the back of the background fabric. Position the square as shown below.

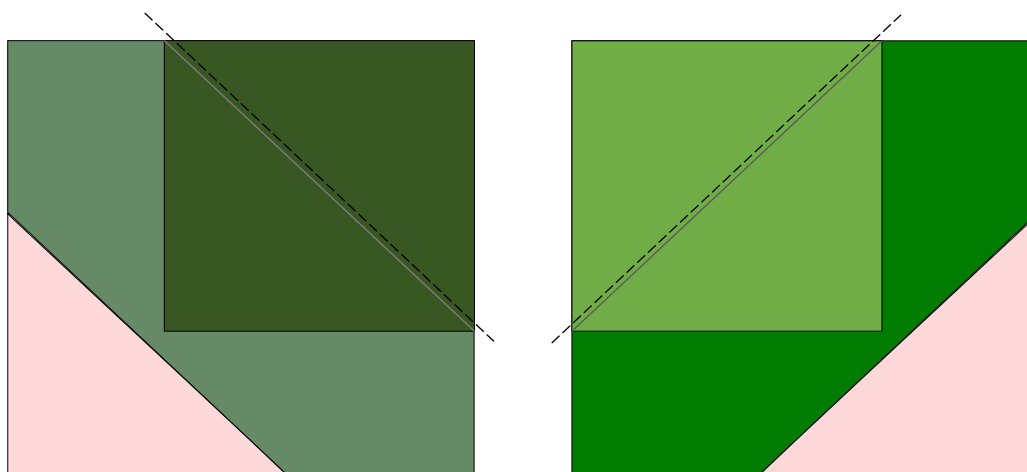
Using a $\frac{1}{4}$ " seam, sew a thread's width from the drawn line (away from the center of the unit), this compensates for the fabric and thread bulk when the fabric is flipped.

Trim excess fabric $\frac{1}{4}$ " from sewn line. Flip corner triangle. Press seams. I press my seams open to reduce bulk but feel free to press them to the dark fabric.



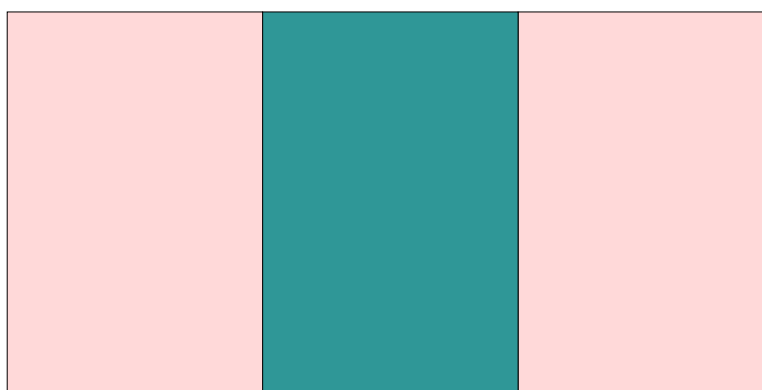
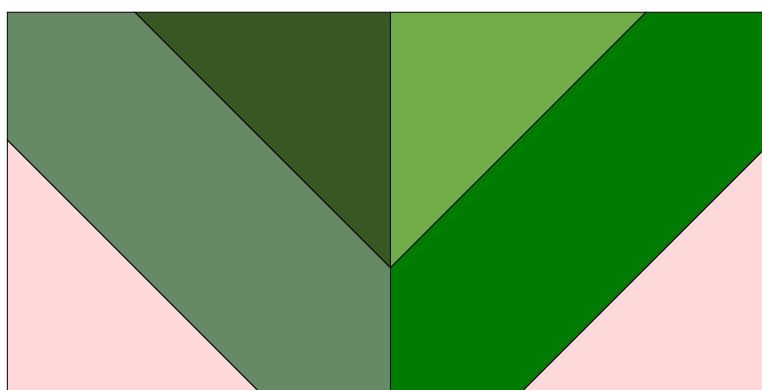
**The off-cut corners can be sewn together to make half-square triangle units.*

Repeat for the opposite corner.



3. COMPLETE THE BLOCK

Sew the two top units together. Then sew the top and bottom sections together.



Share your progress pics on the sew-cial networks: Facebook and Instagram!

tag @quiltsouthafrica on Instagram

Post with the hashtags #quiltsouthafrica2023

If you have any questions please contact me, email: diana@vandeyar.net

Have fun with your blocks. Check out some of the fun colour and placement combinations.

